

# Outpatient Rehabilitation Services



Life is unpredictable, especially when it comes to injuries, accidents or disease. An excellent rehabilitation program can restore one's physical performance to its highest possible level. Our highly trained staff works with patients and their referring physicians to develop a treatment plan unique to their needs. Returning to the optimal level of independence in the shortest period of time is the goal for all our patients.



## Cardiac Rehabilitation

For individuals who are living with heart disease or are recovering from a cardiac event like a heart attack or bypass surgery, the Thomas A. Walker Cardiac Rehabilitation Center offers a comprehensive cardiac rehabilitation program that combines supervised exercise, education and lifestyle changes specific to each patient based on their age and abilities. By building endurance and strength, patients can avoid future cardiac events.

## Occupational Therapy

Our occupational therapists are here to help individuals get back to work and other daily activities. These specialists work with patients on day-to-day tasks to improve strength, flexibility, endurance and tolerance after an injury or illness, with the goal of becoming independent.

## Physical Therapy

Our experienced physical therapists work with doctors and nurses to create programs that improve patients' movement, balance, endurance and strength. The physical therapy staff specializes in post-operative recovery, neurological conditions, geriatric services and musculoskeletal deficits for individuals of all ages.

## Speech Therapy

Our speech-language pathologists provide comprehensive treatment of speech, language, swallowing disorders and mental awareness (including memory) for individuals of all ages. These communication difficulties and disorders can be caused by a variety of reasons, including dementia, head and neck cancer, neurological diseases, hearing loss and more. Our speech pathologists also evaluate and provide treatment for pediatric and adolescent patients who are having a difficult time with hearing, speaking, listening, learning and eating.

## Why You Should Choose Us

- Side-by-side care with a licensed therapist, not a technician
- Friendly, caring staff that is attentive to all your needs
- Easy scheduling

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